



## ***COLON CANCER: CARING FOR THE AGING Tips for Patients and Caregivers***

Being diagnosed with colon cancer is challenging at any age. However, older colon cancer patients tend to have a more difficult time managing their disease and have an increased need for caregiver support. Caregivers are critical in ensuring that these patients effectively manage their disease.

According to oncologists, the primary roles of caregivers include providing emotional support, participating in doctor's visits and in decisions about disease management options, and transporting to and from doctor's appointments.

Following are several suggested questions that colon cancer patients, together with their caregivers, should ask their physician.

- ✓ What is my diagnosis?
- ✓ What is my prognosis?
- ✓ What are my treatment options?
- ✓ How should I expect to feel during treatment?
- ✓ Will I be able to maintain a normal lifestyle?
- ✓ Where can I go to find additional information?