



Questions to Ask Your Doctor About Low Testosterone

If you think you may have low testosterone or you have already been diagnosed by your physician, there are a lot of questions to ask and not always a lot of time. To make the most effective use of your visit with your doctor and to make sure you get the answers to these very important questions, we recommend that you take this checklist with you to your appointment and write your doctor's answers in the space provided.

If you think you may have low testosterone:

- Do you think I could have low testosterone?

- Should I be tested for low testosterone?

- Could my symptoms be caused by something else?

If your doctor tells you that you have low testosterone:

- What are my testosterone levels? _____

- What are the normal levels of testosterone for the test that you used? _____

- What are my treatment options?

- What are the benefits and risks of the various treatment options?

- Which treatment option is most appropriate for me?

- How effective is testosterone replacement therapy?

- How long should I be on testosterone replacement therapy?

- Should I be monitored while on testosterone replacement therapy?

- What will you be monitoring during follow up?

- How often should I return for follow up?

- What could happen if I decide not to treat it?

- Can low testosterone cause any other medical problems beyond the symptoms that I am experiencing?

- What is causing my low testosterone?

- Could my low testosterone be an indicator of another medical problem?