

# Our Best Shot: The Importance of Vaccines for Older Adults

## Workshop Participant Quiz — Question Sheet

1. **True or False?** You don't need to get vaccinated if everyone else around you is.  
 True  False
2. **True or False?** Vaccine-preventable illnesses aren't that serious.  
 True  False
3. **True or False?** Natural immunity is better than vaccine-induced immunity.  
 True  False
4. **True or False?** Vaccines are safe.  
 True  False
5. **True or False?** Vaccines can give you the disease/illness they are meant to prevent.  
 True  False
6. **True or False?** Adjuvants, like aluminum, that are found in some vaccines are safe.  
 True  False
7. **True or False?** I never get sick so I don't need to get vaccinated.  
 True  False
8. **True or False?** You can still get the disease, even if you've had the vaccine.  
 True  False
9. **True or False?** You shouldn't get a vaccine if you're feeling sick.  
 True  False
10. **True or False?** It's risky to get vaccines if you have certain conditions like heart disease or COPD.  
 True  False