CORONARY ARTERY DISEASE (CAD)

CAD is the most common type of heart disease in the U.S.—affecting approximately 16.5 million Americans

1 in 2 middle-aged men are at risk of developing CAD in their lifetime

1 in 3 middle-aged women are at risk of developing CAD in their lifetime

PERIPHERAL ARTERY DISEASE (PAD)

PAD affects approximately 8.5 million Americans

1 in 7 Americans ages 70+ have PAD

Only 1 in 4 people express familiarity with PAD

RISK FACTORS AND SYMPTOMS

Smoking increases risk of PAD by 2 – 4 times and brings on symptoms approximately 10 years earlier


**Just 1 cigarette/day increases CAD risk by 48-74% in men & 57-119% in women**

**African Americans are ~ 2 times more likely than non-Hispanic whites to have PAD**

**1 in 3 people ages 50+ with diabetes are likely to have PAD**

**~50% of people with PAD are asymptomatic**

**COMPLICATIONS**

**CAD is the leading cause of death in the U.S., killing close to 370,000 people each year**

**CAD is the most common cause of sudden cardiac death—which accounts for approximately 50% of all deaths from cardiovascular disease in the U.S.**

**CAD is the most common cause of heart failure**
In one three-year period, approximately 30% of patients with CAD, and approximately 40% of patients with PAD, experience at least one of the following: heart attack, stroke, vascular death, or rehospitalization for a different vascular event

**PAD causes more than 56,000 deaths each year**

Each year ~186,000 Medicare beneficiaries suffer from amputations due to PAD

**PAD increases the risk of CAD by 2-4 times**

African Americans have a 37% higher risk of amputation from PAD than whites