

## ALLIANCE FOR AGING RESEARCH

SENIORS' OUT-OF-POCKET COSTS<br>POLLING PRESENTATION

## Introduction \& Methodology

## Background:

The research conducted by Morning Consult on behalf of the Alliance for Aging Research among adults 60+ with health insurance, including seniors on Medicare and adults with a chronic condition, sought to understand sentiment towards health care and information resources, ability to pay for health care and prescription drug costs, support for legislation to cap what seniors pay out-of-pocket for prescription drugs under Medicare Part D, and willingness to pay more in Medicare premiums for the cap to be implemented.
Throughout these objectives, the research analyzes results among key demographics including age, those taking prescription drugs, those with a chronic condition, and seniors on a Medicare prescription drug plan.

## Methodology:

This poll was conducted between June 26 - July 3, 2019 among a national sample of 2,203 adults 60+ with health insurance, including 200 adults 60-64, 2,003 seniors 65+ on Medicare, 1,701 adults with a chronic condition, and 501 adults without a chronic condition. The interviews were conducted online. Results from the full survey have a margin of error of plus or minus 2 percentage points.

## Audience:

Throughout the report, adults refers to the total sample of 2,203 adults $60+$ with health insurance.

## Key Points

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Seniors 65+ on Medicare are more likely than adults 60-64 to be very satisfied with their health insurance coverage.

- Over half of seniors 65+ on Medicare are very satisfied with their current health insurance coverage, compared to $34 \%$ of adults 60-64.

Of the tested health care costs, half of seniors on Medicare are worried about their ability to pay for products and services not covered by Medicare.

- And two in five adults are worried about their ability to pay out-of-pocket costs for their prescription drugs.

Adults are noticing an increase in the price of prescription drug costs.

- One in three adults have noticed an increase in the price of their prescription drugs in the past year, and one in five say it is difficult to pay for their prescription drugs every month
(4) One in five adults have stopped taking a prescription medication because of the cost of the medication.
- And one in four adults with a chronic condition report they have stopped taking a prescription medication because of the cost.

Three in four adults support legislation that places a cap or limit on what seniors pay out-of-pocket for prescription drugs in the Medicare Part D program.

- When asked to choose between an annual or monthly cap, a plurality of adults (46\%) would prefer a monthly cap on out-of-pocket costs.

Half of seniors 65+ on Medicare are willing to pay a few extra dollars a month, between \$4-\$8 more per month, in Medicare premiums to have a cap or limit placed on out-of-pocket prescription drug costs.

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4 Support for Medicare Part D Cap Legislation

## 6 Respondent Profile

A strong majority of adults* (92\%) are satisfied with their current health insurance coverage.

How satisfied or unsatisfied are you with your current health insurance coverage?

## Sentiment Towards Health Care Information Resources



And, over half of seniors 65+ on Medicare (54\%) are very satisfied with their current health insurance coverage, compared to 34\% of adults 60-64.
How satisfied or unsatisfied are you with your current health insurance coverage?

## Sentiment Towards Health Care Information Resources

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$■$ Very satisfied $\square$ Somewhat satisfied Don't know/No opinion $\square$ Somewhat unsatisfied $\square$ Strongly unsatisfied


Three in four adults (76\%) think there is the right amount of information available to them about their health insurance plan.
Thinking about the information available to you about your health insurance plan, do you think there is too little, too much, or the right amount of information available to you?

## Sentiment Towards Health Care Information Resources



However, one in five adults 60-64 (22\%) say there is 'too little' information available to them about their health insurance plan.

Thinking about the information available to you about your health insurance plan, do you think there is too little, too much, or the right amount of information available to you?

## Sentiment Towards Health Care Information Resources

|  | - Too little | - The right amount $\quad$ Too much | - Don't know/No opinion |
| :---: | :---: | :---: | :---: |
| Adults 60+ | 14\% | 76\% | 4\% 6\% |
| $\longrightarrow$ Age 60-64 | 22\% | 70\% | 7\% |
| Age 65+ | 14\% | 76\% | 4\% 6\% |
| Takes prescription drugs | 15\% | 76\% | 4\% 6\% |
| Does not take prescription drugs | 15\% | 75\% | 7\% |
| Medicare Advantage | 13\% | 78\% | 6\% 4\% |
| Medicare w/ drug plan | 14\% | 77\% | 6\% |
| Chronic condition: Yes | 15\% | 76\% | 4\% 6\% |
| Chronic condition: No | 14\% | 75\% | 8\% |

One in four adults (26\%) say it is difficult to understand the information available to them about their health insurance plan.

Thinking about the information available to you about your health insurance plan, is the information easy or difficult to understand?

## Sentiment Towards Health Care Information Resources

One in three adults 60-64 say it is difficult to understand the information available to them about their health insurance plan, compared to $25 \%$ of seniors 65+ on Medicare who say the same.
Thinking about the information available to you about your health insurance plan, is the information easy or difficult to understand?

## Sentiment Towards Health Care Information Resources

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Of the tested resources, adults 60-64 are most likely to get information about their health insurance plan through their primary care provider or research they conduct online.

What resources do you use to get information about your health insurance plan? Check all that apply.

## Sentiment Towards Health Care Information Resources

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$■$ Selected $\quad$ Not Selected


Your State Health Insurance Assistance Program (SHIP) 8\%

90\%

92\%


On the other hand, seniors 65+ on Medicare are most likely to get information about their plan from their Medicare Advantage or Medicare supplement plan or Medicare.gov.
What resources do you use to get information about your health insurance plan? Check all that apply.

## Sentiment Towards Health Care Information Resources

M MORNING CONSULT SLIDE / 12
$\square$ Selected $\quad$ Not Selected


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About two in five adults are worried about their ability to pay out-of-pocket costs associated with emergency or hospital visits (46\%), prescription drugs (39\%), and doctor visits (36\%). And over half of seniors $65+$ on Medicare ( $57 \%$ ) are worried about their ability to pay the out-of-pocket costs for products and services not covered by Medicare.

Among the following types of health care costs, how worried are you in your and/or your household's ability to pay for the following health care costs?

## Ability to Pay for Health Care Costs

## M MORNING CONSULT

 opinion


Overall, adults 60-64 are more worried than seniors 65+ on Medicare in their ability to pay for the tested types of health care costs. And, seniors $65+$ with prescription drug coverage through a standalone prescription drug plan are more worried than seniors with Medicare Advantage in their ability to pay the out-of-pocket costs they pay for prescription drugs.
Among the following types of health care costs, how worried are you in your and/or your household's ability to pay for the following health care costs?

## Ability to Pay for Health Care Costs

Total Worried in Paying Following Types of Health Care Costs Across Demographics


Over half of adults ( $53 \%$ ) would not need to take any action if their monthly health care premium for prescription drug coverage increased between $\$ 4$ and $\$ 8$.
If your monthly health care premium for prescription drug coverage increased between $\$ 4$ and $\$ 8$, which of the following actions, if any, would you need to take to afford the increase? Please select all that apply.

Ability to Pay for Health Care Costs

O Not Selected


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Seniors 65+ on Medicare are more likely than adults 60-64 to say they would change their health insurance plan coverage in order to afford an increase in their health care premium ( $17 \%$ vs. $8 \%$ ).
If your monthly health care premium for prescription drug coverage increased between $\$ 4$ and $\$ 8$, which of the following actions, if any, would you need to take to afford the increase? Please select all that apply.

## Ability to Pay for Health Care Costs

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Actions Taken in Order to Afford $\$ 4$ - $\$ 8$ increase in Health Care Premium Across Demographics

|  |  |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |

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| Sentiment Towards Health |
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| Care Information Resources |$\quad 4$ Support for Medicare Part D

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One in five adults (20\%) currently taking prescription drugs say it is difficult to pay for their prescription drugs every month.

How easy or difficult is it for you to pay for your prescription drugs every month?

## Ability to Pay for Prescription Drugs

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SLIDE / 19

- Very easy
- Somewhat easy
- Somewhat difficult
- Very difficult
- Don't know/No opinion

One in three adults currently taking prescription drugs (34\%) have noticed an increase in the price of their prescription drugs in the past year.

Generally, have you noticed a change in the price you pay for one or more of the prescription drugs over the past year?

## Ability to Pay for Prescription Drugs

And, seniors 65+ on Medicare with a standalone prescription drug plan are more likely than seniors with Medicare Advantage to say the price of their prescription drugs have increased in the past year.

## Ability to Pay for Prescription Drugs

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Generally, have you noticed a change in the price you pay for one or more of the prescription drugs over the past year?

■Yes, the price of my prescription drugs has increased

- Yes the price of my prescription drugs has decreased
- Yes, some prices of my prescription drugs have increased and some have decreased
$■$ No, I have not noticed a change in the price
- Don't know/No opinion


One in five adults have stopped taking a prescription medication because of the cost of the medication.

Have you ever stopped taking a prescription medication as prescribed because of the cost? This includes stopping the prescription entirely, taking it less than prescribed, only filling the prescription some months, etc.

## Ability to Pay for Prescription Drugs

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And, one in four adults with a chronic condition (24\%) report they have stopped taking a prescription medication because of the cost.

Have you ever stopped taking a prescription medication as prescribed because of the cost? This includes stopping the prescription entirely, taking it less than prescribed, only filling the prescription some months, etc.

## Ability to Pay for Prescription Drugs

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No

| Adults 60+ | 22\% | 77\% |
| :---: | :---: | :---: |
| Age 60-64 | 22\% | 76\% |
| 65+ | 22\% | 77\% |
| Takes prescription drugs | 23\% | 76\% |
| Does not take prescription drugs | 14\% | 83\% |
| Medicare Advantage | 24\% | 75\% |
| Medicare w/ drug plan | 20\% | 78\% |
| $\longrightarrow$ Chronic condition: Yes | 24\% | 75\% |
| Chronic condition: No | 14\% | 84\% |

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Sentiment Towards Health Care Information Resources

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Willingness to Pay More in Medicare Premiums

3 Ability to Pay for Prescription Drugs

6 Respondent Profile

A majority of adults (75\%) support legislation that places a cap or limit on what seniors pay out-of-pocket for prescription drugs in the Medicare Part D program, including $49 \%$ who express strong support.
Currently there is no cap or limit on what a Medicare beneficiary pays out-of-pocket each year for prescription drugs under Medicare Part D. Congress is considering legislation that would cap or limit what seniors on Medicare Part D spend on prescription drugs. Do you support or oppose legislation that places a cap or limit on what seniors pay out-of-pocket for prescription drugs in the Medicare Part D program?

## Support for Medicare Part D Cap Legislation

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Adults 60-64 are as likely as seniors 65+ on Medicare to support legislation that places a cap on what seniors pay out-of-pocket for prescription drugs in the Medicare Part D program.
Currently there is no cap or limit on what a Medicare beneficiary pays out-of-pocket each year for prescription drugs under Medicare Part D. Congress is considering legislation that would cap or limit what seniors on Medicare Part D spend on prescription drugs. Do you support or oppose legislation that places a cap or limit on what seniors pay out-of-pocket for prescription drugs in the Medicare Part D program?

Total

| Strongly support <br> Adults 60+ | upport D | ■ Strongly oppose |  |  | Support |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | 49\% | 26\% | 13\% | 4\% 9\% | 75\% |
| [ Age 60-64 | 53\% | 22\% | 13\% | 4\% 9\% | 75\% |
| [ Age 65+ | 48\% | 26\% | 13\% | 4\% 9\% | 74\% |
| Takes prescription drugs | 49\% | 26\% | 13\% | -9\% | 75\% |
| Does not take prescription drugs | 44\% | 27\% | 13\% | 8\% 9\% | 71\% |
| Medicare Advantage | 49\% | 26\% | 12\% | 10\% | 75\% |
| Medicare w/ drug plan | 49\% | 27\% | 12\% | 4\% 8\% | 76\% |
| Chronic condition: Yes | 50\% | 25\% | 9\% | 12\% | 75\% |
| Chronic condition: No | 43\% | 29\% | 5\% 9\% | 14\% | 72\% |

When asked to choose between an annual or monthly cap, a plurality of adults (46\%) would prefer a monthly cap on out-of-pocket costs.

Under the proposed legislation to cap or limit what seniors on Medicare Part D for prescription drugs, there are two different types of caps or limits that are being considered: An annual cap meaning, for example, once you spend $\$ 2,400$ in a given year you will not pay for any out-of-pocket costs above that amount in the year. Or a monthly cap meaning, for example, once, ou spend $\$ 200$ in a given month you will not pay for any out-of-pocket costs above that amount in the
month. If the Medicare Part D prescription drug spending cap or limit was implemented, which would you prefer the most?


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 Care Information Resources

Support for Medicare Part D Cap Legislation

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Willingness to Pay More in Medicare Premiums

3 Ability to Pay for Prescription Drugs

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Respondent Profile

Half of seniors 65+ (52\%) on Medicare are willing to pay a few extra dollars a month in Medicare premiums to have a cap or limit placed on out-ofpocket prescription drug costs.
How willing would you be, if at all, to pay a few extra dollars a month, about $\$ 4$ to $\$ 8$ more per month, in Medicare premiums in order to have a cap or limit on what you and other seniors pay out-of-pocket for prescription drugs?

## Willingness to Pay More in Medicare Premiums

The tested statements positively influence the willingness of seniors 65+ on Medicare to pay more in Medicare premiums to have a cap or limit placed on what they pay out-of-pocket for prescription drugs.
Below are statements some have made about the impact of passing legislation to cap or limit what seniors pay for prescription drugs in the Medicare Part D program. Do the following statements make you more or less willing to pay more in Medicare premiums in order to have a cap or limit placed on what you and other seniors pay out-of-pocket for prescription drugs?

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SLIDE / 30

Seniors 65+ on Medicare currently taking prescription drugs are more likely than those not currently taking prescription drugs to be more willing to pay more in Medicare premiums to have a cap or limit placed on what they pay out-of-pocket for prescription drugs.
Below are statements some have made about the impact of passing legislation to cap or limit what seniors pay for prescription drugs in the Medicare Part D program. Do the following statements make you more or less willing to pay more in Medicare premiums in order to have a cap or limit placed on what you and other seniors pay out-of-pocket for prescription drugs?

Total 'More Willing' to Pay more in Medicare Premiums to Have Cap Implemented Across Demographics


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| :--- |
| Cap Legislation |

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## Respondent Profile

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Age

■60-64 -65+

Type of Prescription Drug Coverage*

Traditional Advantage with a standalone prescription drug plan

*Asked among seniors 65+ on Medicare, $n=2,003$

## Currently Taking Prescription Drugs



## Diagnosed with Chronic Condition*

-No

|  |
| :--- |
| Respondent |
| Profile |


|  |
| :--- |
| Respondent |
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Type of Chronic Condition*

*Asked among adults with a chronic condition, $n=1,702$

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